



From
Deacon
Chuck



Grand
Knight's
Message

Membership in the Knights of Columbus is open to men 18 years of age or older who are practical (that is, practicing) Catholics in union with the Holy See. This means that an applicant or member accepts the teaching authority of the Catholic Church on matters of faith and morals, aspires to live in accord with the precepts of the Catholic Church, and is in good standing in the Catholic Church.

When we approach men to join the Knights, we might be asked what are the precepts of the Church? Do you recall what they are? As I started to write this article, I did not recall all of them. I do not know by heart, every word in the Gospel of our Lord Jesus Christ either but I do try to "live" the message of the gospel. The precepts do not always jump to mind but we should try to "live" them.

The Precepts of the Catholic Church are a description of the absolute **minimum** actions required of Catholics regarding the Church. The Church uses these precepts to remind us that Christian life requires a **commitment** to prayer and **active** participation in the liturgy and sacraments.

If we fall below this bare-minimum level, we cannot rightly consider ourselves to be in full communion with the Catholic Church. Each of these precepts of the Catholic Church is a requirement. Together with the Ten Commandments, they represent the minimum level of moral living. Intentional violation of the precepts or the Commandments is a grave matter, meaning a mortal sin.

So what ARE the Precepts of the Church?

The Precepts:

1) You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor. We must "sanctify the day commemorating the Resurrection of the Lord" (Sunday), as well as the principal feast days, known as Catholic holy days of obligation. This requires attending Mass, "and by resting from those works

and activities which could impede such a sanctification of these days."

2) You shall confess your sins at least once a year. We must prepare for the Eucharist by means of the Sacrament of Reconciliation (Confession). This sacrament "continues Baptism's work of conversion and forgiveness."

3) You shall receive the sacrament of the Eucharist at least during the Easter season. This "guarantees as a minimum the reception of the Lord's Body and Blood in connection with the Paschal feasts, the origin and center of the Christian liturgy."

4) You shall observe the days of fasting and abstinence established by the Church. "The fourth precept ensures the times of self-discipline and penance which prepare us for the liturgical feasts and help us acquire mastery over our instincts and freedom of heart."

5) You shall help to provide for the needs of the Church. "The fifth precept means that the faithful are obliged to assist with the material needs of the Church, each according to his own ability."

The thing is, if we as Knights do not live in accord with the precepts of the Catholic Church, as "practicing Catholics", how can we ask others to be before joining the Knights.

If we do not live up to our baptismal call by living out the everyday moments of our lives filled with faith, hope and love, how can we ask others too? How can we ask others to become part of a group that doesn't practice what they preach?

The world, especially the young are looking for good role models. Good examples who do... practice what they preach.

Let's BE the example of faith, hope and love that so many are looking for. For when we are an example of faith, our life and the lives of others are filled with hope and we encounter the love of God... together!

Vivat, Jesus!

Brother Knights,

Be protectors of God's Gifts . . . (Pope Francis)

Summer is over! The State Fair has ended! And the Farmer's Almanac is forecasting a colder than normal winter!!! Our busy season will be soon upon us. It will be an interesting season and I think we are up to all the challenges it may bring.

I had a meeting last week with Monica Freeman, Office Manager, and Julie Gerads, Administrative Assistant. The purpose of the meeting was to go over details for the coming year. We discussed the relationship of our Council with St. Stephens Church. Monica and Julie are exceptional women to work with. We are most fortunate to have a close relationship with St. Stephens.

I would like to address the importance of attending our Council meetings. There is only so much information we can include in the *Shield*. There is so much more discussed at our meetings, i.e., Council's activities, planning of events. It would be wonderful to have everyone's opinions and ideas on these issues. If you haven't recently attended a Council meeting, please come. We treasure your presence and your feedback. I believe participation is key to a healthy and successful council.

Also, please check out our Council's website and if you have any ideas about content or composition, give us your ideas.

Just a reminder -- We have the 3" K of C logos that are to be placed in one's car window. It would be wonderful if all our members displayed a K of C sticker on their car. Let's advertise who we are and have a greater presence! Be proud of our Catholic heritage. I am sure Fr. McGivney would have a K of C sticker on his Chevy.

David Hudoba, Grand Knight

History 2018 1910

Let's start with a couple of medical stories from 1910. #1 – On January 25th Doctors used electricity as an anesthetic while amputating a man's toes. I've been hit by an electric fence on a sweaty arm. Fortunately that's an intermittent current, 'cuz my tongue curled in that short time, so I can believe the man had no idea what they were doing to him during the application of electricity. #2 – Doctors used an x-ray machine to find a nail in a boy's lung and, after making an incision in his neck, they used the machine to guide them in removing it with a forceps. The father had been concerned about his son's loss of weight and the kid didn't tell him he had swallowed the nail out of fear of punishment. That was back in the days when you were held accountable for your actions; unlike today.

Here's a few little shorts: the Boy Scouts of America were incorporated in February in Washington, D.C.; Mark Twain died on April 21st at the age of 74; the Black and Decker Company was founded in Baltimore on July 1st; and Florence Nightingale died on August 13th at the age of 90.

Theodore Roosevelt said he would not meet with the Pope because of limitations placed on his behavior. (I guess that's the way it has to be, if you can't act like a gentleman for even a couple of hours.)

Forest fires clobbered Minnesota in October of 1910 leaving 5,000 homeless and 300 dead.

Now here's the deal. A man shaved the tail of his horse and sold it to a farmer as a mule. Having pulled the deal off so easily he found it quite funny and started laughing. In fact, he was still laughing 12 hours later when a doctor was summoned. The doc stopped his laughter alright, with the application of a heavy electrical shock. No report if the laughter stopped because his heart stopped or not. (See how smoothly I started this article with a story about electrical shock and ended it with one?) I know you're wondering if some of these stories are true, but I keep telling you I'm not smart enough to make them up. They are gleaned from a book on world history of the 20th century.

Now, having explained myself thoroughly, I will depart, 'cuz my time is up. See ya' next month!

Mike Petschl, historian

You Have Suddenly Become Disabled! Now What?

A wise person once told me that reaching retirement unscathed was like trying to navigate a minefield. In fact, the minefield may be easier! Most people are rightly concerned about the possibility of suffering some type of *disability* that may impact their hopes for a relaxing retirement. *Few actually protect themselves with disability insurance*, however, because they don't understand how it works, or assume (wrongly) they will simply qualify for Social Security Disability Insurance (SSDI). Therefore, they do nothing about navigating this dangerous financial minefield. This is a **HUGE financial planning mistake!**

Consider these statistics:

- ✓ You have a **1 in 4 chance of becoming disabled before the age of 65.**
- ✓ The average disability lasts nearly **7 years (more than enough time to wipe out your retirement savings).**
- ✓ 65% of disability claims are **rejected by Social Security.** The appeals and reconsideration process can take up to **2 years or more (again, more than enough time to wipe out your retirement savings).**

How can the Knights of Columbus help? Our **top rated disability insurance program** will allow you to receive much needed income, even while you are appealing SSDI denials or if your appeals have been exhausted. **Remember, employer sponsored disability insurance might be only SHORT TERM. And, employer sponsored disability insurance programs may be ended at any time (some employers have done this as a way of saving money).**

The Knights of Columbus can *customize a plan* for you that will compliment your employer's disability program, or we can design a "stand-alone" plan that will properly insure your income while fitting nicely into your budget. We can provide income for a few years, or **until age 67** – your choice!

Call me or email me today to find out what plan may be best for you and your family. As always, you will **never** be pressured into purchasing anything.

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The SHIELD



Planning Meeting every 1st Tuesday

Council Meeting every 2nd Tuesday

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CALENDAR OF EVENTS

- Oct. 1 Planning Meeting, 7:00PM
KC Hall
- Oct. 6 Pancake Breakfast
St. Stephen's FCC
- Oct. 8 Business Meeting, 7:30PM
KC Hall
- Oct. 14 Columbus Day

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2013 Haunted House the 26th year

Lots of volunteers required. Here are the key dates:

Construction dates: Oct. 5, Oct. 6.

Open Haunted House dates:

Oct. 11, Oct. 12, Oct. 17, Oct. 20, Oct. 24 – all from 7-9PM.

Oct. 18, Oct. 19, Oct. 25, Oct. 26 – all from 7-10PM.

Please arrive 30 minutes prior to the noted start time.

Tear down: Oct. 27 – all day until done.

With construction on 2 weekends, open Haunted House for 9 days & tear down on 1 day, we need lots of workers. Please check your calendar for these dates to volunteer. You can save us lots of phone calls if you will contact us ASAP. Send an email to RaymondDDalzell@cs.com or call Ray at 763-757-1241.

Ray Dalzell, Steve Beberg, Mike Johnson, Pat Worcester, Rick Landowski

In Memoriam

Brother Knight Jim Asfaly died in late July. His announcement inadvertently missed the September Shield. Jim was 91 and had been a Knight for 39 years.

Brother Knight Lawrence Erickson lost his wife, Lois, on August 23rd at the age of 81. The Erickson's were former residents of Anoka, but had moved to Aitken, MN.

Brother Knight Ben Shutrop lost his wife, Betty, on August 27th. They had been married for 55 years.

And Brother Knight David Ward died on Sept. 7. David was 82 and had been a Knight for 53 years.

Please remember all the deceased and their families in your prayers.



Prayer List

Please pray for all those on our prayer list:

Jim & Ruth Lovsted; Patrick O'Gorman; John Patchen; Blake Wahlberg; Ralph Smithers; Michael Lehn; John Gobernatz; Robert Nichols; PGK John Johanson; Brian Hoffman; Benno Barthel; Wayne Blue; Bill Ayers; Mathias Schaust; Jim Meyer; Michael Abbott; Vern Lieser; Florian Backowski; Dan Ross; Mary Marlen (mother-in-law of George Olson); Irene Ronning (friend of Brian Hoffman); Theresa Filkins (wife of Bob).

If you wish to add a name to the list, please contact Shield Editor Mike Petschl at 763-421-7926 or mick-eyp1543@gmail.com.